

COUNSELLING AND THERAPY REFERRAL FORM

Please note - We are unable to provide service for acute suicidal ideation; developmental delays and dual diagnosis; or if court mandated; or where primary/only concern is: ASD diagnosis; substance misuse; eating disorders; or child custody/access
For intensive service referrals visit: helpahead.ca; For a psychiatric consultation referral, complete Psychiatry Referral form

Date of referral (DD/MMM/YYYY): _____

| CLIENT INFORMATION | | |
|---|-------------------------------------|---|
| Legal name First name: _____ Last name: _____ | | Chosen/Preferred name (if applicable) _____ |
| Date of birth (DD/MMM/YYYY): _____ | Health card number: _____ | Version code: _____ |
| Expiration date (DD/MMM/YYYY): _____ | | |
| Patient address: Address: _____ City: _____ Postal code: _____ | | |
| Legal guardian(s) | | |
| Name: _____ | Relationship to client: _____ | Tel #1: _____ |
| Name: _____ | Relationship to client: _____ | Tel #2: _____ |
| Is there a need for an interpreter? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please specify which language: _____ | | |

| REFERRING PROVIDER INFORMATION | | |
|---|----------------------------|----------------------|
| Name First name: _____ Last name: _____ | | |
| Billing number: _____ | Telephone: _____ | Fax: _____ |
| Referring provider address: Address: _____ City: _____ Postal code: _____ | | |

| REASON FOR REFERRAL |
|--|
| Please indicate the primary reason for referral and if there are any risks and/or safety concerns (specify current symptoms, presenting problems and history) _____ _____ |
| Relevant mental health/medical/developmental history (e.g. mental health diagnosis and history, family stressors relevant physical health issues, diagnosis of autism, intellectual delay, allergies, previous mental health assessments or other issues) _____ _____ |
| Current medication - both psychiatric and non-psychiatric medication (please list all medications, dose and frequency) _____ _____ |

Please fax the completed GH-CCMH referral form to: Mental Health Access Program 416-924-8208

To help us provide the best care possible, please include relevant documents, such as discharge summaries and previous assessment and consultation reports, including psychiatric