




# November 2024



For registered programs and information, call 416-633-4035  
or email us at [EarlyON@sickkidscmh.ca](mailto:EarlyON@sickkidscmh.ca)

Garry Hurvitz  
Centre for Community  
Mental Health

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<b>Music and Movement Drop-in</b> (Birth to 72 months) 1 to 3:30 p.m.	<b>Family Fun Drop-in</b> (Birth to 72 months) 9 a.m. to noon	<b>School Readiness Registered</b> (Born in 2021) 9:30 to 11:30 a.m.	<b>Little Movers Drop-in</b> (12 to 30 months) 9 to 11:30 a.m.	<b>Family Fun Drop-in</b> (Birth to 72 months) 9 a.m. to noon
<b>Virtual Parent Chat Registered</b> (Birth to 72 months) Nov. 18 and 25 1:30 p.m.	<b>Baby Time Drop-in</b> (Birth to 12 months) 1:30 to 3 p.m.	<b>Bathurst/Finch Family Fun Drop-in</b> (Birth to 48 months) 9:45 to 11:45 a.m.	<b>Bathurst/Finch Prenatal Registered</b> 10 to 11:30 a.m. <small>(For pregnant mothers) Registered partnership with Building Brighter Futures</small>	<b>Virtual One-to-One Parent Chat Registered</b> (Birth to 72 months) Nov. 22 and 29 10:30 a.m.
<p align="center"><b><u>Site Locations</u></b></p> <p><b>Main Site</b> The Garry Hurvitz Centre for Community Mental Health at SickKids 1645 Sheppard Avenue West Toronto, ON M3M 2X4</p> <p><b>Bathurst/Finch Hub</b> 540 Finch Avenue West Toronto, ON M2R 1N7</p> <div align="center">   <b>SCAN ME</b> </div>		<p align="center"><b>A Taste of the Caribbean Drop-in</b> (Birth to 72 months) 1 to 2:30 p.m.</p> <p align="center"><small>This program is funded through the City of Toronto. Its focus is to offer Black families and their children an accessible, responsive and culturally safe space.</small></p>	<p align="center"><b>Outdoor Family Fun Drop-in</b> (Birth to 72 months) 1 to 3 p.m.</p>	<p align="center"><b>Speech and Language Registered</b> (Birth to 72 months) 1 to 3 p.m.</p>
		<p align="center"><b>Bathurst/Finch Baby Time</b> (Birth to 12 months) 1 to 2:30 p.m.</p> <p align="center"><small>Registered partnership with Building Brighter Futures</small></p>	<p align="center"><b>Family Fun Drop-in</b> (Birth to 72 months) 4 to 6 p.m.</p>	<p align="center"><b>Bathurst/Finch One-to-One Parent Chat Drop-in</b> (Birth to 72 months) 1 to 3 p.m.</p>

# November/December 2024 Program Calendar

A Black-focused program for parents/caregivers and their children, from birth to 6 years of age

3100 Weston Road – inside Carmine Stefano Community Centre

<p><b>Tuesdays</b>  <b>Nov. 5, 12, 19, 26</b>  <b>Dec. 3, 10</b></p>	<p><b>Thursdays</b>  <b>Nov. 7, 14, 21, 28</b>  <b>Dec. 5, 12</b></p>
<p><b>Family Fun</b>                      (Birth to 72 months)  <b>9:45 a.m. to 2:15 p.m.</b></p> <p>Arrive when you can and leave when you need to. Families spend time playing, singing, reading and learning together. Each week will have a special focus, activity and theme.</p>	<p><b>Family Fun with Parent Group Chat</b>                      (Birth to 72 months)  <b>9:45 a.m. to 2:15 p.m.</b></p> <p>Join us for an interactive play and parent program.</p> <ul style="list-style-type: none"> <li>• Focused parent discussion from 10:30 to 11:30 a.m.</li> </ul> <p><b><u>Weekly topics will include:</u></b></p> <ul style="list-style-type: none"> <li>• Building trust and attachment,</li> <li>• Building and enhancing self esteem                             <ul style="list-style-type: none"> <li>• Expressing emotions</li> <li>• Positive relationships</li> </ul> </li> </ul>
<p>EarlyON Family Fun and play programs offer Black parents/caregivers an accessible and culturally safe space, supporting early learning and development through activities, songs, rhythm and more.</p> <p>For more information about our <b>FREE</b> programs, please call 416-633-4035 or email <a href="mailto:earlyon@sickkidscmh.ca">earlyon@sickkidscmh.ca</a></p>	

