

September/October 2025



For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Garry Hurvitz Centre for Community Mental Health

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Fun Drop-in (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Children born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3:30 p.m.	Little Movers Drop-in (12 to 30 months) 9 a.m. to noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3 p.m.
Quiet Play with Parent Chat Registered (16 to 48 months) 1 to 2:30 p.m.	Baby Time Drop-in (Birth to 12 months) 1 to 3 p.m.	Preschool ABC 123 Drop-in (30 to 54 months) 1 to 2:30 p.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers)	Virtual Parent Chat (Birth to 72 months) 9 a.m. or 1 p.m.
Sept. 8, 15, 22, 29		Sept. 3, 10, 17 and 24 Oct. 1, 8, 15, 22 and 29	Registered partnership with Building Brighter Futures	Sept. 5, 12, 19, 26 Oct. 3, 10, 17, 24, 31
Maximum 8 spaces		Maximum 8 spaces	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Email EarlyON@sickkidscmh.ca to book the day that works for you.
Site Locations	<u> </u>	Bathurst/Finch	Family Fun	
Main Site The Garry Hurvitz Centre Mental Health at SickKids	·	Family Fun Drop-in (Birth to 48 months) 9:45 to 11:45 a.m.	Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	
1645 Sheppard Avenue W Toronto, ON M3M 2X4 Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Bathurst/Finch Baby Time (Registered) (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures	* FALL *	Speech and Language Registered (18 to 36 months) 1 to 3 p.m. Partnership with Macauley Speech

Building Brighter Futures



July/August 2025



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Garry Hurvitz Centre for Community Mental Health

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Family Fun Drop-in (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Children born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3:30 p.m.	Little Movers Drop-in (12 to 30 months) 9 a.m. to noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3 p.m.
Kinder Camp Registered (42 to 60 months) 1 to 2:30 p.m. July 7, 14, 21, and 28	Baby Time Drop-in (Birth to 12 months) 1 to 3 p.m.	Kinder Camp Registered (42 to 60 months) 1 to 2:30 p.m. July 9, 16, 23 and 30	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with	Virtual Parent Chat (Birth to 72 months) 1 p.m.
Aug.11, 18, and 25		Aug. 6, 13, 20, and 27	Building Brighter Futures	
Maximum 8 spaces		Maximum 8 spaces	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Email EarlyON@sickkidscmh.ca to book the day that works for you.
Site Locations Main Site The Garry Hurvitz Centre f Mental Health at SickKids 1645 Sheppard Avenue We		Bathurst/Finch Family Fun Drop-in (Birth to 48 months) 9:45 to 11:45 a.m.	Family Fun Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	
Toronto, ON M3M 2X4 Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Bathurst/Finch Baby Time (Registered) (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures	SUMMER	Speech and Language Registered (18 to 36 months) 1 to 3 p.m. Partnership with Macauley Speech



June 2025



For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Garry Hurvitz
Centre for Community
Mental Health

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Fun Drop-in (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Children born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon	Little Movers Drop-in (12 to 30 months) 9 a.m. to noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3 p.m.
One-to-One Parent Support Drop-in (Birth to 72 months) 11 a.m. to noon	Baby Time Drop-in (Birth to 12 months) 1:30 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with Building Brighter Futures	Virtual Parent Chat (Birth to 72 months) 1 p.m. June 6, 13, 20, 27
ABCs and 123s Drop-in (30 to 54 months) 1 to 2:30 p.m.		Music and Movement Drop-in (30 to 54 months) 1 to 2:30 p.m.	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Email earlyon@sickkidscmh.ca to book the day that works for you.
Site Locations Main Site The Garry Hurvitz Centre Mental Health at SickKid 1645 Sheppard Avenue	ls	Bathurst/Finch Family Fun Drop-in (Birth to 48 months) 9:45 to 11:45 a.m.	Family Fun Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	***
Toronto, ON M3M 2X4 Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7		Bathurst/Finch Baby Time (Registered) (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures		Speech and Language Registered (18 to 36 months) 1 to 3 p.m. Partnership with Macauley Speech



May 2025



For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Garry Hurvitz
Centre for Community
Mental Health

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Fun Drop-in (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Children born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon	Little Movers Drop-in (12 to 30 months) 9 a.m. to noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3 p.m.
One-to-One Parent Support Drop-in (Birth to 72 months) 11 a.m. to noon May 5, 12, 26	Baby Time Drop-in (Birth to 12 months) 1:30 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with Building Brighter Futures	Outdoor Spring Festival Drop-in (Birth to 72 months) 9:30 to 11:30 a.m. May 16
ABCs and 123s Drop-in (30 to 48 months) 1 to 2:30 p.m.		Music and Movement Drop-in (30 to 48 months) 1 to 2:30 p.m.	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Virtual Parent Chat (Birth to 72 months) 1 p.m. May 2, 9, 16, 30
Site Locations Main Site The Garry Hurvitz Centre Mental Health at SickKid 1645 Sheppard Avenue V	s	Bathurst/Finch Family Fun Drop-in (Birth to 72 months) 9:45 to 11:45 a.m.	Family Fun Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	Email earlyon@sickkidscmh.ca to book the day that works for you.
Toronto, ON M3M 2X4 Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Bathurst/Finch Baby Time (Registered) (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures		Speech and Language Registered (18 to 36 months) 1 to 3 p.m. Partnership with Macauley Speech



April 2025



For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Garry Hurvitz
Centre for Community
Mental Health

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Fun Drop-in (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Children born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon	Little Movers Drop-in (12 to 30 months) 9 a.m. to noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to 3 p.m.
One-to-One Parent Chat Drop-in (Birth to 72 months) 11 a.m. April 7, 14, 21, 28	Baby Time Drop-in (Birth to 12 months) 1:30 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with Building Brighter Futures	Virtual Parent Chat (Birth to 72 months) 1 p.m. April 11, 25
ABCs and 123s Drop-in (30 to 48 months) 1 to 2:30 p.m.	**************************************	Music and Movement Drop-in (30 to 48 months) 1 to 2:30 p.m.	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Email earlyon@sickkidscmh.ca to book the day that works for you.
Site Locations Main Site The Garry Hurvitz Centre Mental Health at SickKid 1645 Sheppard Avenue V Toronto, ON M3M 2X4	s	Bathurst/Finch Family Fun Drop-in (Birth to 72 months) 9:45 to 11:45 a.m.	Family Fun Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	Speech and Language Registered (18 to 36 months) 1 to 3 p.m. Partnership with Macauley Speech
Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Bathurst/Finch Baby Time (Registered) (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures		



March 2025



Garry Hurvitz
Centre for Community
Mental Health

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Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Fun Drop-in (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Children born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon	Little Movers Drop-in (12 to 30 months) 9 a.m. to noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon or 12:30 to 3 p.m.
Virtual Parent Chat (Birth to 72 months) 11 a.m. or 1 p.m. Email EarlyON@sickkidscmh.ca to book a day and time.	Baby Time Drop-in (Birth to 12 months) 1:30 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with Building Brighter Futures	Online Parent Workshop scan QR code to join (Birth to 72 months) 1 to 2 p.m.
Early Literacy, Math and Games Drop-in (30 to 48 months) 1:30 to 3 p.m.		Art Sensory and Science Drop-in (30 to 48 months) 1:30 to 3 p.m.	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Topics: March 7: Autism Spectrum Disorder
Site Locations Main Site The Garry Hurvitz Centre Mental Health at SickKids 1645 Sheppard Avenue V	s	Bathurst/Finch Family Fun Drop-in (Birth to 72 months) 9:45 to 11:45 a.m.	Family Fun Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	March 14: Open Discussion (bring your questions) March 21: Temperament March 28: School Readiness
Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Bathurst/Finch Baby Time (Registered) (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures	March	Speech and Language Registered (18 to 36 months) 1 to 3 p.m.



January 2025



Garry Hurvitz

Mental Health

Centre for Community

For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Family Fun (Birth to 72 months) 11 a.m. to 3:30 p.m.	School Readiness Registered (Born in 2021) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon	Little Movers Drop-in (12 to 30 months) 9 a.m. to 12 noon	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon
Virtual Parent Chat scan QR code to join (Birth to 72 months) 11 to 12 p.m.	Baby Time Drop-in (Birth to 12 months) 1:30 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with Building Brighter Futures	Family Fun Drop-in (Birth to 72 months) 12:30 to 3 p.m.
Early Literacy, Math and Games Registered (30 to 48 months) 1:30 to 3 p.m.		Bathurst/Finch Family Fun Drop-in (Birth to 72 months) 9:45 to 11:45 a.m.	Baby Sing and Play Drop-in (Birth to 12 months) 1 to 2:30 p.m. Partnership with Building Brighter Futures	Online Parent Workshop scan QR code to join (Birth to 72 months) 1 to 2 p.m.
Site Locations Main Site The Garry Hurvitz Centre Mental Health at SickKids 1645 Sheppard Avenue V	s	Bathurst/Finch Baby Time (Birth to 12 months) 1 to 3 p.m. Registered partnership with Building Brighter Futures	Family Fun Drop-in (Birth to 72 months) 2 to 3 p.m. outside 3 to 6 p.m. inside	
Toronto, ON M3M 2X4 Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Art Sensory and Science Registered (30 to 48 months) 1:30 to 3 p.m.		Jan. 10: Toilet Training Jan.17: Speech/Language Jan. 24: Fine Motor Skills Jan. 31: How to Respond to Big Emotions

1:30 to 3 p.m.

SCAN ME

Dec. 2024/Jan. 2025



No EarlyON programming week of Dec. 23 to 27 and on Jan. 1



For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Monday Dec. 30	Tuesday Dec. 31	Wednesday Jan. 1	Thursday Jan. 2	Friday Jan. 3
No morning programs	Family Fun Drop-in (Birth to 72 months) 9 to 11:30 a.m.	Closed	Little Movers Drop-in (12 to 30 months) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon
Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	No afternoon programs	Closed	Family Fun Drop-in (Birth to 72 months) 12:30 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 1 to 3 p.m.
Winter Break Site Lo Main Site The Garry Hurvitz Centre Community Mental Heal 1645 Sheppard Avenue	e for th at SickKids	Closed		
For more information, please visit sickkidscmh.ca/EarlyON or scan the QR code on the right SCAN ME		Closed		



December 2024



For registered programs and information, call 416-633-4035 or email us at EarlyON@sickkidscmh.ca

Garry Hurvitz Centre for Community Mental Health
Fridays

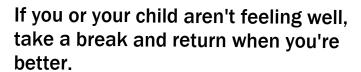
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Sensory and Science Drop-in (Birth to 72 months) 1 to 3:30 p.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon	School Readiness Registered (Born in 2021) 9:30 to 11:30 a.m.	Little Movers Drop-in (12 to 30 months) 9 to 11:30 a.m.	Family Fun Drop-in (Birth to 72 months) 9 a.m. to noon
Virtual Parent Chat Registered (Birth to 72 months) 1:30 p.m.	Baby Time Drop-in (Birth to 12 months) 1:30 to 3 p.m.	Bathurst/Finch Family Fun Drop-in (Birth to 48 months) 9:45 to 11:45 a.m.	Bathurst/Finch Prenatal Registered 10 to 11:30 a.m. (For pregnant mothers) Registered partnership with Building Brighter Futures	Family Fun Drop-in (Birth to 72 months) 1 to 3 p.m.
Site Local Main Site The Garry Hurvitz Centre Community Mental Hea 1645 Sheppard Avenue Toronto, ON M3M 2X4	re for Ith at SickKids	Family Fun Drop-in (Birth to 72 months) 1 to 2:30 p.m. This program is funded through the City of Toronto. Its focus is to offer Black families and their children an accessible, responsive and culturally safe space.	Outdoor Family Fun Drop-in (Birth to 12 months) 2 to 3 p.m.	Bathurst/Finch One-to-One Parent Chat Drop-in (Birth to 72 months) 1 to 3 p.m. Dec 6 and 13
Bathurst/Finch Hub 540 Finch Avenue West Toronto, ON M2R 1N7	SCAN ME	Bathurst/Finch Baby Time (Birth to 12 months) 1 to 2:30 p.m. Registered partnership with Building Brighter Futures	Family Fun Drop-in (Birth to 72 months) 3 to 6 p.m.	

Electronics

We love to see you play with your child(ren). Please limit the use of cell phones.

To make or take a call, please step out into the hall with your child(ren).

Sanitary spaces



For diaper changes, please use the washroom where there's a convenient changing table.

Shoes

Please wear shoes at all times. Indoor shoes are required for wet weather.

Shoe covers are available for the infant mat area.

Doing our share

Join in the fun of tidying up! When your child finishes playing, please return the toys to their shelves so others can enjoy them too.

Eating and drinking

Snacks are provided here! If you bring your own snack, please remember that we are a nut-free program. Kindly check with families before sharing food and keep all food at the snack table. Breastfeeding is welcomed; just ask for a quiet spot if you need one!

Please keep hot beverages on the counter by the microwave and enjoy it in the kitchen area.





Guidelines to keeping our space emotionally and physically safe



Celebrating birthdays

Let us know if it's your child's birthday and we will make it a special celebration with a birthday hat and a joyful singalong!



Capturing moments

Please remember to only take photos of your own child to respect everyone's privacy.



Big emotions

Children have all sorts of feelings! Our friendly staff are here to support you and your child through it all. Feel free to ask for help, and remember, you don't need to leave unless it's best for you and your child.









