

SickKids[®]

Garry Hurvitz
Centre for Community
Mental Health



Annual Report | 2024-2025

Land acknowledgement

This is the traditional territory of the Mississaugas of the Credit, the Anishinaabeg, the Chippewa, the Haudenosaunee and the Wendat Peoples and it is home today to many diverse First Nations, Inuit and Métis people.

We acknowledge that this land was occupied over time by settlers and by peoples who were enslaved and not willing or intentional participants in the occupation and who were themselves displaced from their homelands.

We commit to hearing the stories of our country’s first peoples, to educating ourselves about our country’s history with First Nations, Inuit and Métis people and to understanding the cross-generational impact of that history on their families, communities and cultures.

We commit to incorporating our learning into our practice as an organization providing child and youth mental health services.

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From our Board Chair and Executive Director

This past year was pivotal for The Garry Hurvitz Centre for Community Mental Health at SickKids. As we approached the end of our Strategic Plan 2025, we also were putting critical pieces in place in preparation for our new five-year plan, scheduled for launch in October 2025. Even as our 2025 plan was approaching its conclusion, however, it did not lose momentum. Work to improve quality, reduce barriers and increase access, and to support equity in our services and for our workforce continued.

In this report you will learn about work done to review and revitalize our Intensive Services for Youth. We were also pleased this year to have the opportunity to report at the Children’s Mental Health Ontario annual conference on the impact of our model of care changes in Intensive Services for Children. You will learn about collaborations with our colleagues at The Hospital for Sick Children (SickKids) to build robust service pathways between hospital and community and you will learn about our continued work to reduce barriers to mental health supports in neighbourhoods across the city.

Another important outcome driven by our 2025 plan was the completion in 2024-25 of our first full year of sociodemographic data collection. This work improved our understanding of the populations we serve and was part of our work to support the Honouring Our Promise: Ending Anti-Black Racism (HOPE) strategy to address Anti-Black racism in the provision of child and youth mental health services in Toronto. The resulting data set demonstrates that the populations we serve do reflect the diversity of our city. This growing data set will guide service planning and client engagement in the years ahead.

In addition, we defined the core partnerships that will shape our place in the system of care in the coming years. With our community child and youth mental health (CYMH) core service provider colleagues, and in collaboration with our lead agency, Strides, we continued to support the first phase of Help Ahead, the central point of intake for CYMH services in Toronto. We also became signatories in Thriving Minds, a collaborative undertaking with SickKids and the Centre for Addiction and Mental Health (CAMH) to develop coordinated access to services available through all three organizations.

We are proud of the work our staff did this year. It continues to be our privilege to be part of this organization and to support its growing impact as a child and youth mental health provider partnered with SickKids. Thank you to our clients and families, our partners, and our funders for all they do to offer wisdom, guidance and support to the work of GH-CCMH. In this regard, we are especially grateful for a group of talented and committed trustees ([meet our Board](#)). Finally, a word of thanks to our donors, the Garry Hurvitz Foundation, the Arrell Family Foundation, the Slaight Family Foundation and to the many individual contributors. Their generosity is fueling innovation today that sets the stage for the impact we will have in the future. Thank you.



Jeff Mainland
Chair, Board of Trustees



Neill Carson
Executive Director

Our vision, mission and values

Our vision

Enriching health through mental health

Our mission

Achieve unprecedented outcomes in child and youth mental health through collaborations, innovations and partnerships

Our values



Compassion



Integrity



Collaboration



Inclusion



Innovation



Excellence



This year, we recalibrated our senior team to build capacity to engage partners and support system and organizational improvement. [Meet our leadership team.](#)





Who we serve

Mental Health Access Program

Through the Mental Health Access Program (MHAP), children, youth and their families and caregivers are assessed and referred to the appropriate first treatment at GH-CCMH.

THIS YEAR'S FOCUS



Continued collaboration with Help Ahead to support referrals coming in from the central point of intake, including the launch of a new referral platform




Prepared MHAP to integrate triage and service matching for all hospital to community referrals


Individual and Family Services

[Individual and Family Services](#) (IFS) provides specialized assessment, and group, individual and family therapy for children, youth and their families and caregivers.


THIS YEAR'S FOCUS




Implemented the Child and Adolescent Needs and Strengths (CANS) tool in IFS to better understand the needs and strengths of our clients and the outcomes they experience



Trained IFS clinicians to offer the CARIBOU-2 intervention, a structured approach to treating depression in youth that was developed at the Centre for Addiction and Mental Health (CAMH)



Espace Jeunesse – French Language Services with le Centre francophone du Grand Toronto (CFGT): Through our partnership with CFGT, we offer individual, family and group therapy, and psychological assessments in French for francophone children, youth and their families.




Through our partnership with Native Child and Family Services of Toronto (NCFST), we offer the Intensive Family Healing Team, a culturally grounded approach to care for children, youth and families from Indigenous communities.

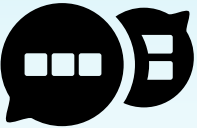
Intensive Services for Children

[Intensive Services for Children](#) (ISFC) supports children in grades 1 to 8 who struggle with social, emotional and behavioural functioning at home and at school. Our interprofessional team provides day treatment, in-home treatment, assessment and individual, family and group therapy.

THIS YEAR'S FOCUS



Completed staff training and development to further understand complexity of presenting concerns among our clients, including neurodiversity




Improved access to psychology and psychiatry assessment and treatment for ISFC clients. Made nursing consultation available in day treatment

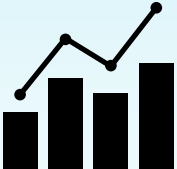
Intensive Services for Youth

[Intensive Services for Youth](#) (ISFY) helps youth with significant mental health needs, supporting them at home, school and in the community. Our interdisciplinary services include assessment, day treatment, community transition support, and individual, family and group therapy.

THIS YEAR'S FOCUS



Based on a 2024 review of the diagnostic profiles of our ISFY clients, the team modified content, structure and delivery of the ISFY service model to better meet client needs




Started tracking and improving client progress using evidence-based scales


Prevention and Early Intervention Services

[Prevention and Early Intervention](#) offers a variety of free, accessible programs for infants, children, youth, parents and caregivers in neighbourhood and community settings across the city.

THIS YEAR'S FOCUS



Continued to reduce barriers to service in the community through our Community Outreach Intervention Initiative (COII) partnering with our Prevention teams and community colleagues



Addressed growing demand at our Black Creek Community Health Centre location by adding an early parenting baby group

Staff training across GH-CCMH

Staff across five programs received numerous trainings this year.

35

completed evidence-informed training

60

trained in the Child and Adolescent Needs and Strengths (CANS) tool

35

completed a refresher in therapeutic crisis intervention

96

completed evidence-based training*

*This includes the inaugural CBT Certificate Level I and II delivered to 40 clinical staff by the SickKids CCMH Learning Institute, enhancing evidence-based skills and strengthening care for children, youth and families.



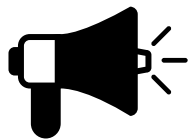
By the numbers



904
unique individuals served –
counselling and therapy



124
unique individuals served –
intensive treatment services



653
unique participants served –
prevention services
(sessions and workshops)



752
unique registered
clients and participants
had virtual sessions



993
external referrals
received



566
postal codes served*



7
of our top ten neighbourhoods
served are Neighbourhood
Improvement Areas**



185
staff



\$17.5M
budget

*A postal code can include more than one client
**As defined by the City of Toronto

Collaborating to build a better system, better care

“Collaborating with our hospital and community partners lets us combine our unique strengths to create innovative solutions that address gaps in accessing or receiving mental health care.”

— Shannon Greene, Clinical Director,
Client and Participant Services

Expanding our care pathways from hospital to community

GH-CCMH continues to work with The Hospital for Sick Children (SickKids) to strengthen pathways that ensure safe, timely, and seamless transitions from hospital to community-based mental health services. This initiative, initially catalyzed by the transformative gift from the Garry Hurvitz Foundation, aims to provide interim supports to children, youth and families as they await longer-term or follow-up care.

The gift from the Garry Hurvitz Foundation laid the groundwork for transitioning patients from hospital to community.

Through brief, individualized case management and a dedicated caregiver support group, case managers offer responsive, short-term supports that bridge the gap between discharge and ongoing services.

The Arrell Family Mental Health Bridging Service further expanded capacity by offering near-immediate access to a structured 12-session model for hospital-referred clients. Early data indicates statistically significant reductions in depression and behavioural challenges, along with measurable improvements in overall functioning, hopefulness and satisfaction with care.

Thank you to the Arrell Family Foundation, the Ministry of Health, and the Brain and Mental Health Program at SickKids for their dedication to improving outcomes for children, youth and their families.

Additionally, a dedicated tri-agency team (SickKids, GH-CCMH, and the lead agency, Strides Toronto) facilitates direct flow-through from the SickKids emergency department to appropriate follow-up care. This team of three clinicians ensures that families are efficiently connected to services within GH-CCMH or the broader children’s mental health sector.

We are grateful to the Slaughter Family Foundation and our partners at Strides Toronto for helping ensure that children, youth and families receive the community-based care they need.

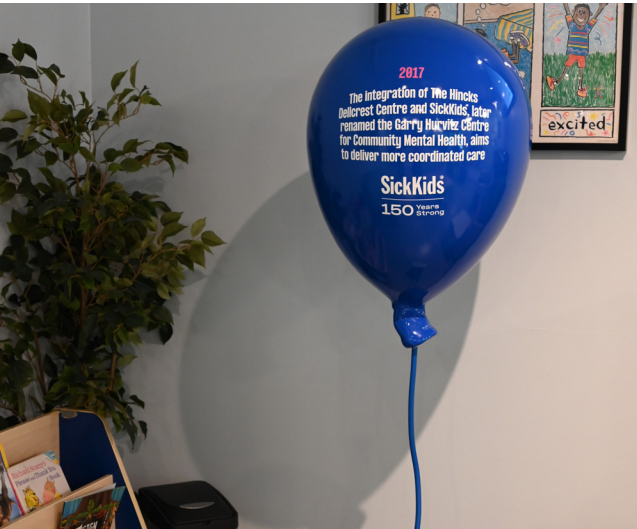
As of March 31, 2025, we have supported 257 children and youth and their families through these pathways.



The pathways team at GH-CCMH

Celebrating SickKids on their 150th birthday

The Hospital for Sick Children (SickKids) turned 150 on April 3, marking a century and a half of excellence in paediatric care, research and education. GH-CCMH took the opportunity to [wish our SickKids colleagues best wishes](#) and to pose with our SickKids 150 balloon sculpture, one of 150 released by SickKids Foundation to highlight a milestone moment in the hospital's rich history. As part of the SickKids enterprise, GH-CCMH received a balloon marking the 2017 integration of The Hincks-Dellcrest Centre with the hospital and its significance in delivering coordinated care to children and youth.



The balloon at the Sheppard site



Staff and psychology residents gather around the SickKids 150 balloon at the Jarvis site

Creating seamless access to mental health care

In the summer of 2024, GH-CCMH signed a Memorandum of Understanding with the Centre for Addiction and Mental Health (CAMH) and The Hospital for Sick Children (SickKids) to create Thriving Minds, a joint effort and major step towards providing seamless access to specialized services across all three organizations. A Thriving Minds information hub is scheduled to launch in the summer of 2025, featuring referral information for 39 specialized mental health programs for children and youth. The hub also includes additional resources for families, caregivers and health-care providers.



The new Thriving Minds logo is unveiled at a collaborative event in November 2024 (photo courtesy of CAMH)

Helping families get easier access to care

GH-CCMH continues to participate in the work to develop central intake to all infant, child and youth services in Toronto. In 2024, all referrals for our intensive services were received through HelpAhead, Toronto's new central intake point. We look forward to participating in Phase 2, the expansion of central access for ambulatory services.



Supporting a future vision of services at our downtown site

Our Board of Directors and senior leadership team have a vision for our downtown site in response to the growing child and youth mental health care demands we are seeing in our neighbourhoods: the development of modern, flexible, culturally welcoming space integrated with a continuum of evidence-based child and youth mental health services in the downtown core.

With these needs in mind, GH-CCMH is working with Minto Canada to develop this new space in their proposed future build of a mixed-use residential building at 114 and 110 Maitland St. GH-CCMH will have 22,000 square feet in the building for child and youth mental health assessment, treatment and research space. We look forward to working with our hospital and community partners, and our clients and families, to plan for the future of infant, child and youth mental health service in downtown Toronto.



The two sites named in the zoning application: 110 Maitland (at left, owned by Minto) and 114 Maitland to the right (owned by SickKids CCMH)

Shifting a culture of care: Celebrating a year with an electronic health record

To mark the first anniversary of GH-CCMH adopting an electronic health record (EHR), we asked staff and leadership to reflect on how it has made a difference in their work and for our clients.



“The shift to our EHR reflects our organization’s commitment to innovation and encourages an integrated and team-based approach to care. We have a growth mindset at GH-CCMH that informs our culture of continuous improvement and data-driven care.”

– Medina Esmail, Senior Clinical Manager, Intensive Services



“One of our key strengths as an agency is the interdisciplinary nature of our teams and the way we work together with clients. Our EHR has optimized collaboration between disciplines, reinforcing this guiding value of our organization.”

– Riley Williams, Clinical Supervisor, Individual and Family Services

“As occupational therapists, we work across several teams, so having access through our EHR to the information we need is essential to providing comprehensive care for clients and families.”

– Halle Purther, Occupational Therapist, Intensive Services



“Our EHR has been great for our clients. Younger clients, like the younger moms I work with, are used to technology and feel very comfortable with the idea of an electronic record system. They can relate to our program and services better. They don’t have anything to read or sign.”

– Sandra Moya, Community Parent-Home Visitor, Healthy Babies Healthy Children



“Having an electronic health record keeps us aligned with the electronic trends happening in the child and youth mental health sector.”

– Letrice Davis, Program Supervisor, Intensive Services for Children



From left: Chanel, Melissa and Sabrina celebrate the anniversary of the launch of our electronic health record

Tracking sociodemographic data using our EHR

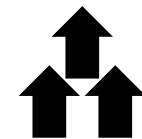
The inclusion of sociodemographic data fields in our electronic health record is helping us understand the people and communities we serve. We are grateful to all our clients who provided us with confidential data to help us understand their experience. This growing data set will inform future service planning.

In 2024-25:



28

languages reported among our clients



17%

increase in the number of clients served from
Neighbourhood Improvement areas
(as defined by the City of Toronto)

Renewing our Intensive Services for Youth

We are working to build in program-specific measures for ongoing program evaluation across the agency, starting with Intensive Services for Youth (ISFY). In 2024, ISFY completed a full review of its services to understand the needs of its clients and to address challenges with poor classroom attendance. This work identified changes in the needs of the population the program serves such as increased neurodiversity, involvement with substances and experience of identity-related trauma.

The review inspired changes to the model within which the program operates, adding a stronger focus on school avoidance and increases in life skills-focused programming. This was added to the robust interprofessional assessment and treatment capacity of the service that provides every client with an individualized treatment plan designed in collaboration with a team comprised of psychiatry, psychology, masters-prepared therapists, child and youth practitioners, nurses and occupational therapists.

Our research and evaluation and clinical teams are now working together to track the impact of these changes using a range of evaluation measures.

In 2024-25, ISFY increased engagement with our clients:



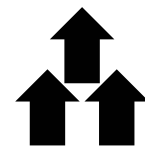
75%

occupancy



70%

attendance rate



40%

increase in attendance
(compared to 2023-24 school year)

Making mental health care accessible in our communities

GH-CCMH presented at the Children’s Mental Health Ontario (CMHO) conference in November 2024 on the Community Outreach Intervention Initiative (COII) at GH-CCMH, a program that is redefining equitable access to mental health treatment for children, youth and families in Toronto. Lisa Ihnat, Pamela Saa and a youth mentor described the journey of GH-CCMH anchoring its services in three distinct communities, capitalizing on pre-existing partnerships and neighbourhood-level relationships to provide prompt, low-barrier mental health treatment to 580 clients this year—clients who were previously facing barriers to accessing usual services and were most at risk of being missed.



Abygail Hlomayi (above left) and Hélène Munk at the Thornccliffe Youth Wellness Hub, in one of the three distinct communities COII supports. Our child and family therapists in our COII team have been working alongside other community-based clinicians to deliver individual and family therapy services at the Hub.

Developing a culture of measurement: Evaluation and research

“The work of our Research, Evaluation and Innovation team is critical in understanding how to shape services for our clients and participants, now and into the future.”

— Dr. Vasudha Gidugu, Research Scientist,
Research, Evaluation and Innovation



Our REI team, from left: Alessia Petrella, Dr. Vasudha Gidugu and Stephanie Truong

Evaluating program outcomes across the Centre

In 2024, GH-CCMH introduced the Child and Adolescent Needs and Strengths (CANS) tool as a standardized measure for program evaluation across the organization, marking a new era of evidence-informed and people-centred care. Staff training was completed for clinicians in Individual and Family Services (IFS), Intensive Services for Youth (ISFY), Intensive Services for Children (ISFC) and the Community Outreach

Intervention Initiative (COII). The tool is now being applied for every new client and is then used at regular intervals to understand client needs, identify priority areas for treatment and track client outcomes. The data we collect through CANS assessments will help us evaluate the effectiveness of our services and make improvements to best serve our clients.

Showcasing the impact of dyadic developmental psychotherapy (DDP)

Dr. Vasudha Gidugu completed evaluation of the impact of the dyadic developmental psychotherapy (DDP) model within ISFC. This framework, which aims to help children heal from past trauma and foster secure attachments between children and caregivers through therapeutic interactions, was introduced in 2019 to help address clients' behavioural challenges and minimize the use of physical containment. The evaluation examined both client outcomes and staff experience, with results showing a sharp decrease in the use of physical containments. Program staff also reported that the model had a positive impact on reducing stress. Dr. Ariana Simone, Psychologist, ISFC, joined Dr. Gidugu to present the results from the evaluation at the Together for Tomorrow conference hosted by Children's Mental Health Ontario (CMHO) in November 2024.



Dr. Simone (left) and Dr. Gidugu present on the impact of DDP at the CMHO conference

Building knowledge and capacity through research partnerships

GH-CCMH is proud to be one of several agencies partnering with the Centre for Addiction and Mental Health (CAMH) in the CARIBOU-2 (Care for Adolescents who Receive Information 'Bout Outcomes) research study to explore the effectiveness of the CARIBOU protocol, a structured and collaborative approach to treating depression in youth in community child and youth mental health service agencies. Six clinicians were trained to offer the CARIBOU intervention in the fall of 2024, and we are currently recruiting youth participants for the intervention phase of the study. The research and evaluation team is supporting clinicians with implementing measurement-based care to track individual client progress throughout treatment. Our participation in CARIBOU-2 gives us an exciting opportunity to develop the expertise of our clinical teams and contribute to building sector-wide knowledge in new treatment approaches for depression.



Our research work is made possible by ongoing support from our generous donors.



Supporting our people

“At GH-CCMH, we foster staff engagement by actively listening to our staff, responding to their evolving needs, developing their talents, and recognizing their contributions — all while supporting their growth and aligning with our future goals.”

– Surbhi Sud, Senior Manager, Human Resources

Recognizing staff excellence

For our annual Staff Recognition and Awards Celebration, we gathered at The 519 on Church Street. Dr. Ronni Cohn, President and CEO of The Hospital for Sick Children (SickKids), joined us to speak about the strength of the relationship between the Centre and the hospital and to continue his annual tradition of taking a selfie with the GH-CCMH team. Several of our Board trustees were present to [celebrate our award winners](#) and service milestone recipients.



Surbhi Sud, Senior Manager, HR, takes a selfie with Dr. Ronni Cohn and GH-CCMH staff at The 519



Our 2024 staff award winners, from left: Adia Shivraj (Innovation Award), Felipe Santander (Collaboration Award) and Danielle Jamieson (Service Excellence Award)

Service milestones

Thank you to our employees who celebrated service milestones this year for your unwavering devotion to the children and youth in our care.



Medina Esmail, Senior Clinical Manager, Intensive Services, congratulates Vilma Sue on 50 years of service excellence

- 50 YEARS**
Vilma Sue, Administrative Assistant
- 40 YEARS**
Bryan Wierzimok, Technical Support Analyst
- 30 YEARS**
Julie Burdon, Senior Clinical Manager,
Prevention and Early Intervention
- 25 YEARS**
Nilofar Sleem Liakat, Parent-Child Educator
Amirtha Mehanathan, Community Parent -
Family Home Visitor
Cynthia Evans, Child and Youth Care Practitioner
Suventhini Thamothersampillai, Education Coordinator
Kulwinderjit Sidhu, Community Parent -
Family Home Visitor

- 20 YEARS**
Sandra Moya, Community Parent - Family Home Visitor
Lynn Barnes, Child and Youth Care Practitioner
Sue Knox, Intensive Services Coordinator
Tamara Este, Program Supervisor,
Prevention and Early Intervention
- 10 YEARS**
Lenora Robinson, Administrative Assistant
Yordanos Tesfamariam, Community Parent -
Family Home Visitor
- 5 YEARS**
Joanne Wilson, Access Worker, MHAP
Laura Simmons, Senior Clinical Informatics Practice Lead
Nikki Low, Registered Nurse
Letrice Davis, Program Manager,
Intensive Services for Children
Lynn Eras, Child and Youth Care Practitioner



From left: Laura, Neill, Grace and Anie rest during a rousing game of musical chairs



Lauren Scarborough hosts a trivia game

Fostering mindfulness and connection

GH-CCMH has an active Health and Wellness Committee that fosters mindfulness, connection and fun through monthly drop-in events. Activities promote well-being through movement, creativity and relaxation, offering easy ways to take a break and build camaraderie. By prioritizing accessible wellness, the committee helps staff feel valued, energized and connected—strengthening both individual and workplace well-being.



From left: Lily, Lara, Manpreet, Aatikah and Merce enjoy some of the wellness events over the year, including potting plants, playing games and building and racing paper airplanes



Staff in our day treatment program wore orange in recognition of National Day of Truth and Reconciliation

Creating inclusive and welcoming spaces

We continued to make GH-CCMH a more inclusive work environment and a welcoming, safer space.

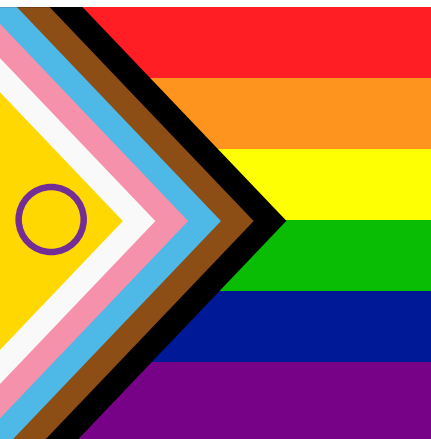
Our Anti-Black Racism, Anti-Oppression, Health Equity Advisory released a new workplan in support of the [Honouring our Promise: Ending Anti-Black Racism](#) (HOPE) project priorities. See our [three main intentions for 2025-26](#).

We continue a robust calendar of recognition events for staff, including professional recognition and health equity days such as Black History Month, Asian Heritage Month and Latin Heritage Month.

Changes in our extended health benefits plan and employee assistance plan mean a wider array of mental health care providers, and coverage of gender-affirming care.

Working with Indigenous clients, we supported smudging ceremonies at our sites.

100 per cent of staff completed our Equity, Diversity and Inclusion training introduced in the fall of 2024.



Staff gather under our Intersex-Inclusive Progress Pride flag (like the one shown above left) during our Pride Month kickoff at our Jarvis site

Engaging with our communities

Our community-based staff can often be found engaging with families in creative and fun ways. By meeting people where they live their lives, in their own neighbourhoods, our staff break down barriers to service and reduce stigma around mental

health. Our human resources team also works with clinical and prevention staff to appear at numerous recruiting fairs throughout the year. This work helps us sustain a diverse workforce with the experience and knowledge to meet the needs of the people we serve.



From left: Latonya Banton, Samantha Britton and Felipe Santander attend a career fair at Toronto Metropolitan University



Hélène Munk (left) and Abygail Hlomayi represent GH-CCMH at Marc Garneau Collegiate Institute for Children's Mental Health Week



Nilofar Sleem Liakat (left) and Em Iannucci support Family Pride at The 519 with a pinwheel-making activity created by Jen Bulthuis (not pictured)

From our SickKids CCMH Learning Institute Leadership



As demand for accessible, evidence-informed mental health education grows, the SickKids CCMH Learning Institute remains committed to empowering professionals with practical training that drives meaningful change for children, youth, families and adults.

This year, we delivered 85 courses and trained approximately 2,500 mental health professionals. We introduced 12 new offerings and partnered with six organizations to deliver customized training tailored to diverse populations and settings. Our content addressed key topics including trauma-informed care, grief support, neurodiversity, and harm reduction—reflecting our focus on responsive, equity-centered education.

Cultivate excellence in mental health services
We continued to grow our national presence through high-impact initiatives. Notably, we provided CBT training to hundreds of clinicians supporting children and youth in Ontario and beyond. We also trained over 200 frontline professionals in the justice sector on trauma-informed care—reinforcing our commitment to vulnerable youth and supporting systemic improvements through strategic partnerships.

This year marked a major expansion of our CBT programming. With donor support, we launched two new certificate courses focused on CBT for children and youth: Level 1: Core concepts and techniques and Level 2: Clinical applications to specific cases. Developed with GH-CCMH, these five-day courses build clinician capacity using best practices and developmentally appropriate interventions.

Fostering equity and inclusion
Our commitment to equity, diversity, and inclusion remained strong. We delivered targeted trainings addressing the mental health needs of historically marginalized communities. These sessions were focused on topics such as Indigenous trauma and resilience, neurodivergent youth, families of transgender individuals, ADHD and cannabis use in racialized populations, 2SLGBTQIA+ youth, and BIPOC service providers experiencing vicarious trauma and burnout. These efforts reflect our drive to equip professionals with tools for culturally affirming, inclusive care.

Enhancing learning through innovation
We invested in our on-demand learning portfolio, developing three new webinars focused on eating disorders. These offerings will expand access to high-quality training on complex and sensitive topics, enhancing our ability to reach learners anytime, anywhere.

In addition to our on-demand options, our customized partnerships and open-enrollment courses continue to support professionals in delivering effective mental health care.

Thank you to our facilitators, partners, and participants – your trust and collaboration help build stronger systems of care and expand access to education that transforms lives.



Kelly McMillen
Executive Director
Learning Institute,
The Hospital for Sick Children



Angela Kaushal
Director
SickKids CCMH LI

Building clinical capacity in child and youth cognitive behavioural therapy (CBT)

This year, we launched a two-level CBT certificate series for professionals working with children and youth. Developed with the clinical teams at GH-CCMH and supported by SickKids Foundation, the series delivers practical, developmentally informed strategies rooted in core CBT principles. With expert-led instruction and a focus on real-world application, the training equips participants with tools they can immediately apply in practice—strengthening clinical capacity and improving care in community settings.



SickKids CCMH Learning Institute: Year in review



85
courses
delivered



12
new courses
delivered



2,500
professionals
trained



22%
referral
rate

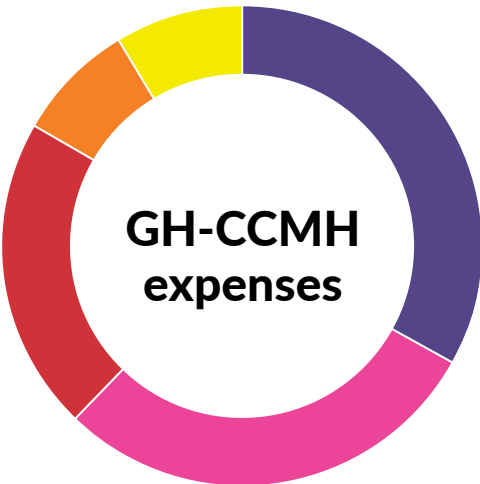




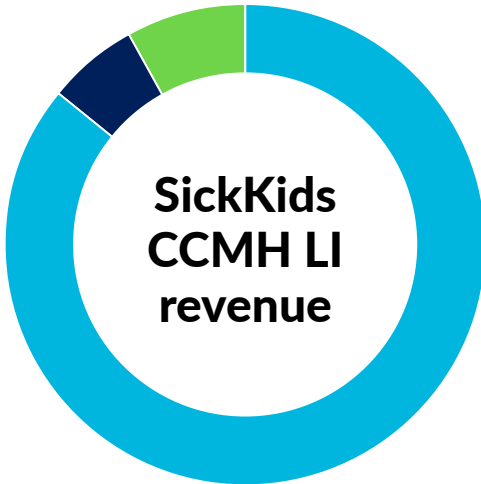
Financial summary



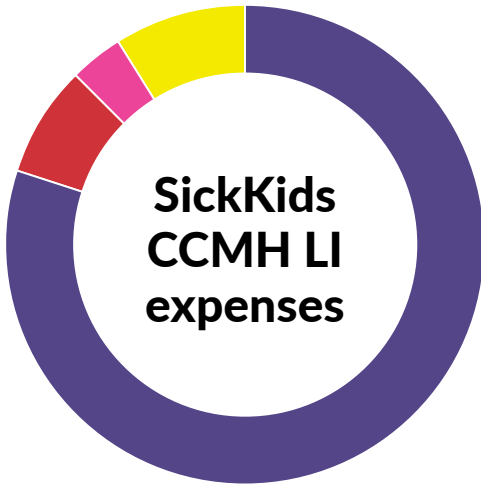
- Ministry of Health 76.19%
- Ministry of Children, Community and Social Services 0.28%
- City of Toronto 7.43%
- Public Health Agency of Canada 3.57%
- Other 12.53%*



- Intensive services 33.28%
- Prevention and Early Intervention 29.17%
- Counselling and therapy 21.03%
- Administration 7.96%
- Other 8.56%



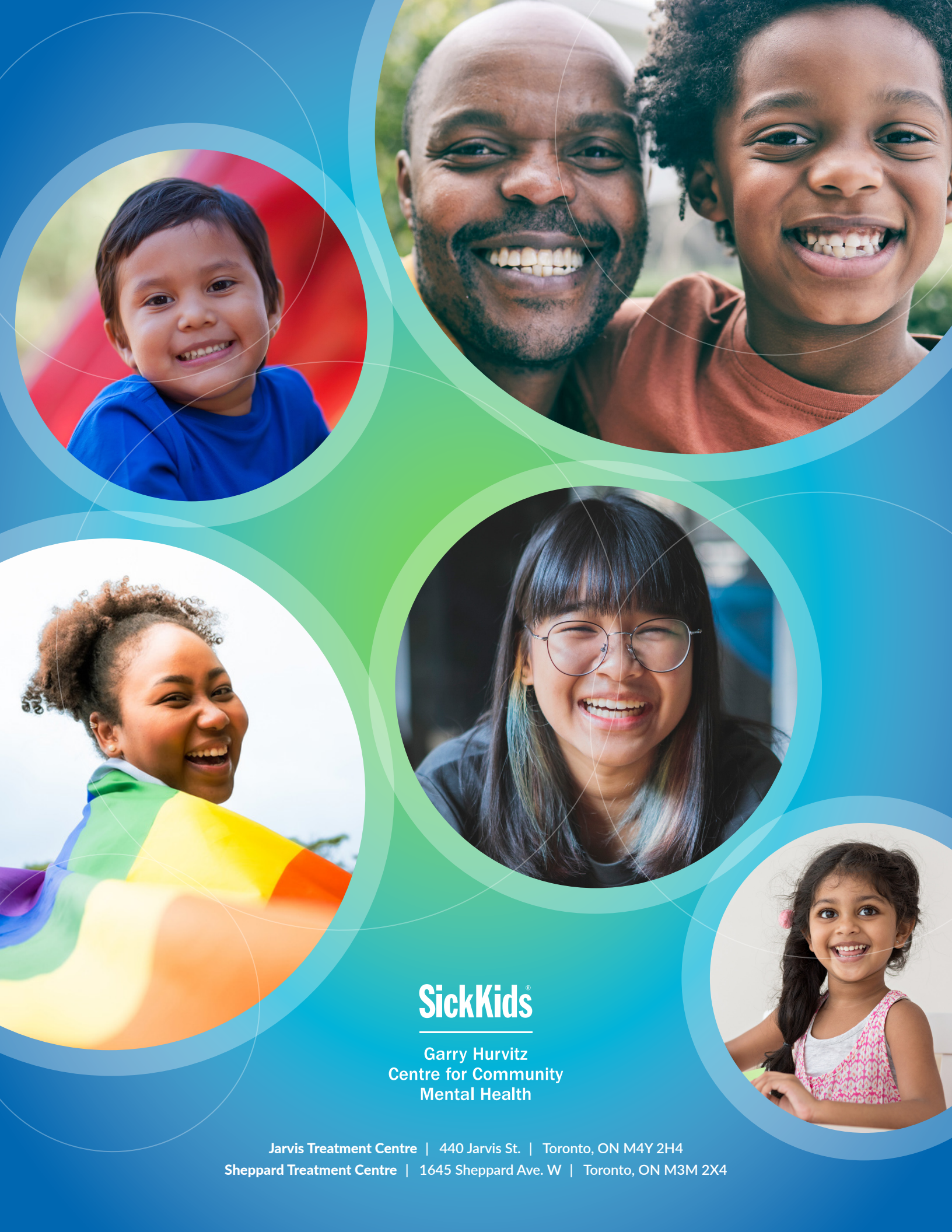
- Training fees 85.92%
- Building rental 6.18%
- Other 7.90%



- Training 80.01%
- Administration 7.70%
- Building 3.59%
- Other 8.7%

Please note that the legal name of our organization is SickKids Centre for Community Mental Health.
*This includes support from our wonderful community of donors. Thank you for supporting the SickKids vision of “Healthier Children. A Better World.” and the GH-CCMH vision of “Enriching Health through Mental Health.”

GH-CCMH and the SickKids CCMH LI amalgamated in April 2023 and the financial statements presented below are consolidated to reflect this merger.
[See full report](#)



SickKids®

Garry Hurvitz
Centre for Community
Mental Health

Jarvis Treatment Centre | 440 Jarvis St. | Toronto, ON M4Y 2H4
Sheppard Treatment Centre | 1645 Sheppard Ave. W | Toronto, ON M3M 2X4